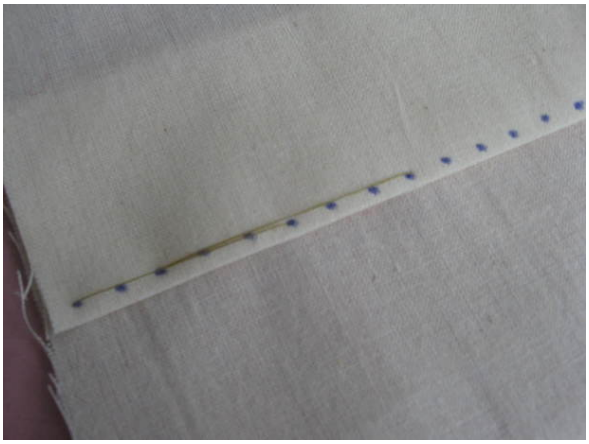
Back Stitch

By: BurdaStyle

http://www.burdastyle.com/techniques/back-stitch



Back Stitch- by hand!

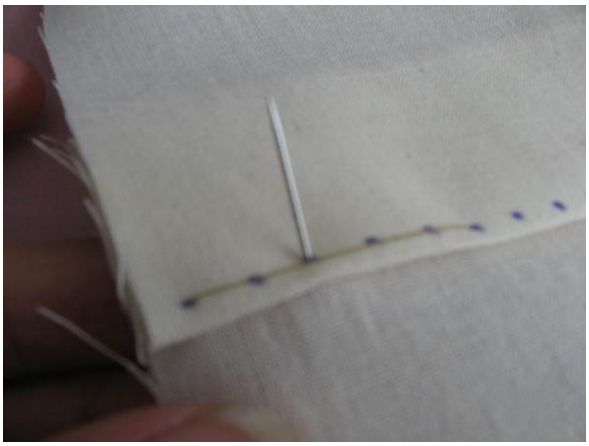
Step 1

A backstitch by hand is one of the strongest stitches that can be done. It is not used very often anymore, but can be handy when mending and making small projects. Essentially, it can be described as "two steps forward, one step back." I have shown it here in a larger scale so that you can easily understand how it is done.

Step 2

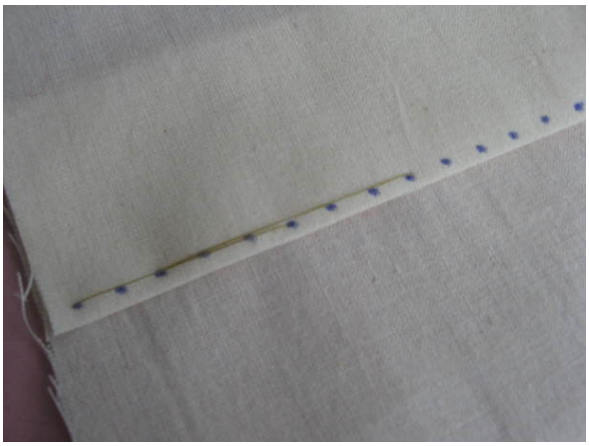
I have marked dots. The space between each dot represents 1mm.

Step 3



Insert the needle and exit 5 dots out. Re-insert the needle from the bottom 3 dots behind, and exit 6 dots ahead. Then re-insert the needle exactly in the previous exit (3 dots behind). Exit again 6 dots ahead . . . and repeat.

Step 4



You will notice this creates stitches that overlap each other and creates strength.